

# Foundations & Clinical Application of Manual Therapy in Physical Therapy

6 CEU's

FRIDAY, JULY 31, 2026

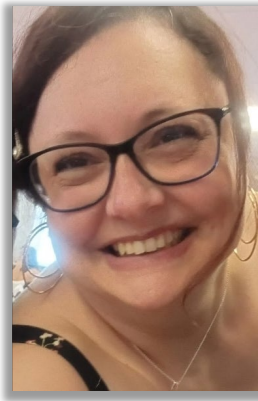
8:00 AM - 3:30 PM

MARION TECHNICAL COLLEGE

HTC 103

## COURSE DESCRIPTION:

This 6-hour continuing education course provides a comprehensive overview of manual therapy principles and their application in physical therapy practice. Participants will examine theoretical foundations, clinical reasoning models, evidence-informed decision making, and safe application of selected soft tissue and joint mobilization techniques. Emphasis is placed on patient assessment, technique selection, contraindication screening, and integration of manual therapy into a comprehensive plan of care. Supervised lab sessions allow participants to practice techniques with faculty feedback.



**Christen Brown,  
PTA, LMT**

**BOARD  
APPROVAL**

**PT/PTA**

**26S1736**

## PROGRAM FACILITATOR:

**Christen Brown, PTA, LMT**

Christen Brown, PTA, LMT, is a highly experienced rehabilitation professional with over two decades of clinical practice across diverse healthcare settings in Ohio, making her well qualified to teach continuing education in manual therapy. She earned her Associate of Applied Science in Physical Therapist Assisting Technology and has practiced as a Physical Therapist Assistant since 2004 in outpatient, inpatient/acute care, skilled nursing, and home health environments, providing her with a broad foundation in patient management and hands-on treatment techniques. In addition to her PTA background, she obtained a Limited Practitioners Certificate in Massage Therapy from the State of Ohio Medical Board in 2016 and currently practices as a licensed massage therapist and business owner, further strengthening her expertise in soft tissue mobilization and manual interventions. Her combined credentials, extensive clinical experience, and ongoing application of manual therapy techniques in both rehabilitation and massage therapy settings position her as a knowledgeable and skilled instructor capable of delivering high-quality continuing education to rehabilitation professionals in Ohio.

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# Marion Technical College

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## LEARNING OBJECTIVES

Upon completion of this course, participants will be able to:

1. Describe the theoretical and biomechanical foundations of manual therapy.
2. Differentiate between soft tissue and joint-based manual therapy interventions.
3. Apply appropriate patient screening, indications, contraindications, and precautions.
4. Demonstrate safe and effective performance of selected manual therapy techniques.
5. Integrate manual therapy into evidence-informed clinical decision making.
6. Document manual therapy interventions consistent with professional standards.

## AGENDA

- **8:00 – 8:45 (45 min)**  
**Module 1: Introduction to Manual Therapy Principles**  
Lecture and demonstration covering foundational concepts and technique categories.
- **8:45 – 9:30 (45 min)**  
**Module 2: Clinical Reasoning, Screening, and Safety**  
Lecture and case discussion focused on patient evaluation, contraindications, and risk management.
- **9:30 – 10:15 (45 min)**  
**Module 3: Soft Tissue Manual Therapy – Theory & Demonstration**  
Overview and faculty demonstration of soft tissue techniques.
- **BREAK**
- **10:30 – 11:45 (75 min)**  
**Module 4: LAB I – Soft Tissue Manual Therapy Techniques**  
Supervised hands-on lab practicing soft tissue techniques.
- **LUNCH**
- **12:45 – 1:30 (45 min)**  
**Module 5: Joint Mobilization – Theory, Grading, and Demonstration**  
Lecture and demonstration of joint mobilization concepts and techniques.
- **1:30 – 2:45 (75 min)**  
**Module 6: LAB II – Joint Mobilization Applications**  
Supervised lab practice of joint mobilization techniques.
- **BREAK**
- **3:00 – 3:30 (30 min)**  
**Module 7: Integration, Documentation, and Clinical Application**  
Case-based discussion focusing on clinical integration and documentation.

### COST:

Guest: \$215

Alumni: \$105

### TO REGISTER

Go to: <https://forms.cloud.microsoft/r/6qnxD76Agr>  
or scan the code to the right.

MTC Tuition Vouchers are allocated for this course if you were the Clinical Instructor for one of our students between 5/13/25–4/30/26. Select “Voucher” option in the registration and we will confirm eligibility.

Checks and money orders may be made payable to **Marion Technical College**. Credit Card payment is accepted—select this option in the registration and you will be emailed a secure link to input your payment.

Foundations and Clinical  
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PT



**THIS CEU OPPORTUNITY IS MADE AVAILABLE TO YOU THROUGH  
THE MARION TECHNICAL COLLEGE PHYSICAL THERAPIST ASSISTANT PROGRAM**